



TOILET TRAINING POLICY

September 2025

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Policy review date: September 2026

Signed by the Chair of Governors _____

Signed by the Headteacher _____

We aim to support parents/carers through the toilet training process and beyond. We do this initially by offering information about the best time to introduce their child to the toilet at home. We have a handout to support this. This includes recognising 'toilet ready' signs from your child - toileting is not age dependent but rather linked to children's physical and psychological readiness. Toilet readiness signs include

- Is your child's nappy dry after a nap or in the mornings?
- Can your child wait longer between nappy changes, showing they can hold their urine?
- Does your child tell you when their nappy is wet or dirty and they want to be changed?
- Does your child try to pull off their nappy or ask to wear pants?
- Is your child interested in sitting on a potty or toilet?

Parents/carers need to be prepared to take at least a week at home with your child to ensure they are confident asking/indicating for and using the toilet before sending them to the provision in pants. We will then follow home routines to ensure the child is not confused and promote consistency by letting parents/carers know how things are going in the setting and asking parents/carers for regular updates about home toilet use.

We are sensitive to children's individual needs and have a range of resources to support them including books, role play resources

and storytelling props. When children are using the toilet, we have a step and a special seat to promote their independence; we also teach children how to wash and dry their hands independently.

If a child has a toileting accident, a member of staff will clean them up as soon as it happens. Parents/carers need to provide at least 3 sets of spare clothes including socks during toilet training. If age appropriate, we will support and encourage the child to change themselves.

Children with SEND will be supported through the toilet training process at whatever age they are ready to start. We will learn a child's signs (if relevant) and provide them with visual reminders if these are considered helpful by parents and used at home.

If there is a need to, we can also work with Partner Agencies to support families with toilet training. This may include; Health Visitor, School Nurse Team, Bridge Centre and the Continence Team.

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