

Personal Development Curriculum Map: Year 5

Curriculum subject	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
RE	Loving Vocation & Commitment	Hinduism & Judaism Expectations	Sources	Unity Death & New Life	Witnesses	Common Good Healing
RSHE	Social & Emotional To show knowledge and understanding of emotional relationship changes as we grow and develop.		Physical To show knowledge and understanding of the physical changes in puberty.		Spiritual To celebrate the joy of growing physically and spiritually.	
PSHE	Being me in my world: being a citizen, rights & responsibilities, democracy, having a voice	Celebrating difference: cultural differences & how they can cause conflict, types of bullying, enjoying & respecting other cultures.	Dreams and goals - Future dreams, the importance of money, jobs & careers, goals in different cultures, supporting others (charity), motivation		Healthy Me - Smoking (including vaping), alcohol, anti-social behaviour, emergency aid, body image, relationships with food, healthy choices	
SMSC	Social	Cultural	Moral	Spiritual	Spiritual	Moral
British Values	Rule of Law	Mutual Respect	Tolerance	Democracy	Individual Liberty	Mutual Respect
Science					Living things & their habitats Life cycles & classification Animals including humans Changes as humans develop Nutrition Evolution & inheritance Living things produce offspring	
English	How to heal a broken wing The artist who painted a blue horse Boy at the back of the class The red tree		Gorilla Varmints		Rose Blanche I believe in unicorns The journey Way home Nelson Mandela - a long walk to freedom Where the poppies grow No Ballet shoes in Syria Rebound	
DT	Food - celebrating culture & seasonality					
PE	Invasors Boot Camp	Dynamic dance Boxercise	Gym sequences Step to the beat	Striking & fielding Swimming	Nimble nets Pilates	Young champions Fitness frenzy

<i>Computing</i>	<i>Game creator</i>		<i>Online safety</i>	<i>Coding</i>
<i>Forest School</i>	<i>Working with tools</i>	<i>Building a fire safety Team building</i>	<i>Den building Cloud gazing (mindfulness)</i>	<i>Cooking in the forest Using IT outdoors</i>